

STARTING OVER

Based on Dave and Jon Ferguson's book, *Starting Over*.

Once we RECOGNIZE our regrets, it's time to RELEASE them.

A. King David's Regret

2 Samuel 12 (p.278)

David faces a choice and chooses to conceal. He sends Uriah back to the front line and instructs his generals to abandon him on the battlefield so that Uriah is struck down and killed.

B. Nathan's Confrontation

God sends Nathan, a prophet, to tell David a story.
"You are that man!"

C. David's Release

"I have sinned against the Lord." -2 Samuel 12:13

Psalm 32:3-5

"Then I acknowledged my sin to You ... and You took away the guilt of my sin."

1. Satan's Deceit.

2. Pride.

Humble yourselves, therefore, under God's mighty hand, that He may lift you up in due time. -1 Peter 5:6

Application:

Get honest with yourself.

Get honest with God.

Get honest with someone else.

For King David, the consequences were not erased. There was major heartache ahead. But he found peace with God; so much so that he is known as a "man after God's own heart."