

REJOICE!

Philippians 4:1-8 (p.1,082)

Happiness is a feeling of exhilaration associated with favorable events.

Joy persists in the face of weakness, pain, suffering, even death.

A. Rejoice in the Lord 4:1-4

When Christians lack joy, we need to preach the Gospel to ourselves again.

Rejoicing is an act of the will in choosing to obey God.

B. Be Gracious 4:5

Euodia and Syntyche were Christian leaders. Their conflict was significant enough to warrant Paul addressing them publicly.

Cf. Php.2:1-2

C. Don't Worry 4:6

Counter worry:

1. Pray. 2. Give thanks. 3. Trust. Cf. Matthew 6:25-33

Peace of God: -Chip Ingram

Wrong > Negative > Unwise > Devastating
Thinking > Emotions > Behavior > Consequences

OR

Right > Positive > Wise > Fruitful
Thinking > Emotions > Behavior > Consequences

REJOICE!

Philippians 4:1-8 (p.1,082)

Happiness is a feeling of exhilaration associated with favorable events.

Joy persists in the face of weakness, pain, suffering, even death.

A. Rejoice in the Lord 4:1-4

When Christians lack joy, we need to preach the Gospel to ourselves again.

Rejoicing is an act of the will in choosing to obey God.

B. Be Gracious 4:5

Euodia and Syntyche were Christian leaders. Their conflict was significant enough to warrant Paul addressing them publicly.

Cf. Php.2:1-2

C. Don't Worry 4:6

Counter worry:

1. Pray. 2. Give thanks. 3. Trust. Cf. Matthew 6:25-33

Peace of God: -Chip Ingram

Wrong > Negative > Unwise > Devastating
Thinking > Emotions > Behavior > Consequences

OR

Right > Positive > Wise > Fruitful
Thinking > Emotions > Behavior > Consequences

D. Guard Your Mind

4:8

True: Start each day thinking God's truths regarding identity; sovereignty; fear; doubt.

Honorable: Does this honor or **dishonor** God?

Just: Is this morally righteous or unrighteous?

Pure: Will this purify or **contaminate** my soul?

Lovely: Will this soften or harden my heart?

Commendable: Would you commend this to **Jesus**?

Our emotions flow from our thought life. What we allow to enter our mind is the most important **decision** we make each and every day.

Rejoicing marks true believers. REJOICE in the Lord always!

D. Guard Your Mind

4:8

True: Start each day thinking God's truths regarding identity; sovereignty; fear; doubt.

Honorable: Does this honor or **dishonor** God?

Just: Is this morally righteous or unrighteous?

Pure: Will this purify or **contaminate** my soul?

Lovely: Will this soften or harden my heart?

Commendable: Would you commend this to **Jesus**?

Our emotions flow from our thought life. What we allow to enter our mind is the most important **decision** we make each and every day.

Rejoicing marks true believers. REJOICE in the Lord always!